

Ibadan City Vegetables Initiative

PROBLEM STATEMENT

- Limited access to land in urban areas
- High prevalence of micronutrient deficiency
- Low vegetable intake in Nigerian diets

TARGET POPULATION

School aged children(6-12 years) and their parents in Ibadan city.

JUSTIFICATION

Young children can acquire knowledge to inform healthy eating choices at home that can transcend into adulthood

APPROACH

Nutrition Education, Gardening that will combine both theoretical and practical sessions

- 1) Identification and selection of schools
- 2) Meeting with stakeholders in schools
- 3) Selection of target beneficiaries
- 4) Nutrition Education and Practical sessions using innovative methods (small pots, ...)

Timeline: 11 weeks

IMPLEMENTERS

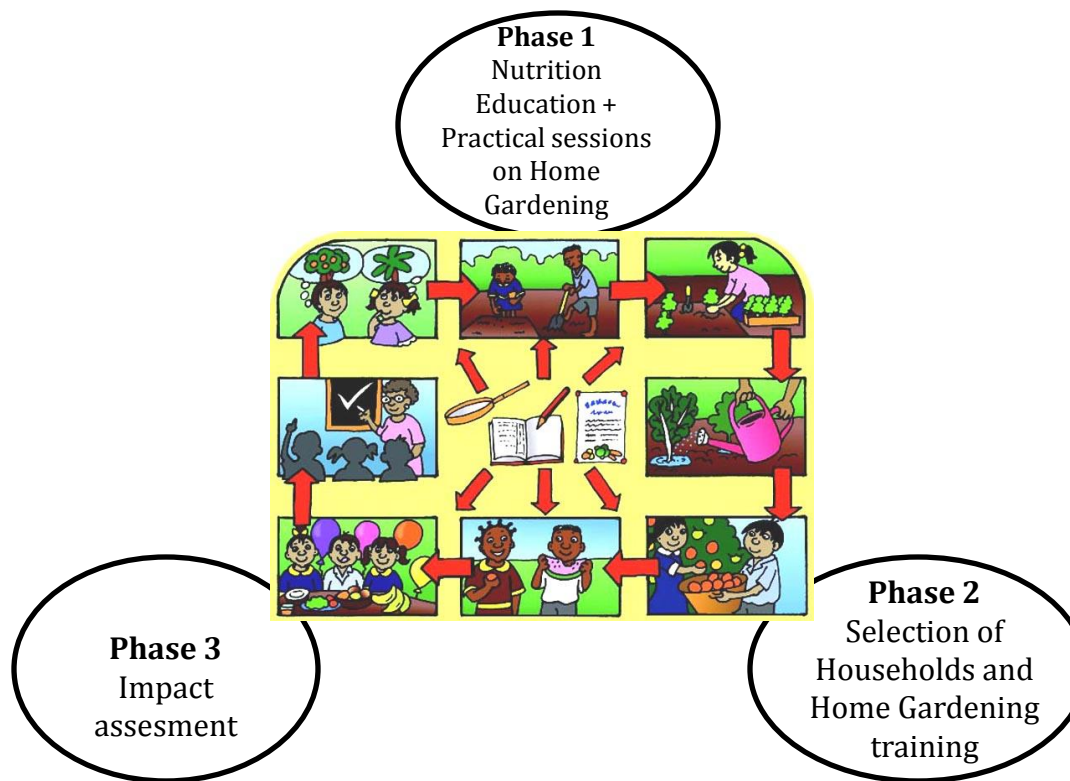
Team members , mentors and Partners

EXPECTED OUTCOME

Improvement in vegetable intake in targeted population

SCALE-UP APPROACH

Partnerships with NGOs
Political partnerships (e.g the Governors wife)



Qualitative assesment : Interviews and Quantitative assesment : using 24hr dietary recall
Pre- and Post- questionnaire evaluation

Timeline: 1 week

Meeting with Parent-Teachers and other Key Opinion stakeholders. Selection of interested parents
Household home gardening training

Timeline: 2 weeks